

12- Program for Supporting National Federations (NFs) by the International Pencak Silat Federation (IPSF)

Program Title: IPSF Support Initiative for National Federations

Overview:

The International Pencak Silat Federation (IPSF) is dedicated to the advancement and promotion of Pencak Silat globally. With over 80 National Pencak Silat Federations (NFs) across five continents, the IPSF recognizes the vital role of these federations in growing the sport and fostering athlete development. This program outlines the comprehensive support provided by the IPSF to NFs.

Support Objectives

1. **Facilitate Recognition by National Olympic Committees (NOCs)** : Assist NFs in attaining official recognition and support from their respective NOCs.
2. **Enhance Coaching and Officiating Standards** : Provide training programs to ensure that coaches and referees/jurors are well-equipped with the necessary skills.
3. **Promote Safety and Quality Training** : Offer essential resources and equipment to ensure a safe training environment for all athletes.

Current Support Initiatives

1. **Support in Developing NF's Organization for NOC Recognition** :
 - The IPSF provides guidance and resources to help NFs navigate the requirements of their local NOCs, ensuring they meet the necessary criteria for recognition.
2. **Training Programs for Coaches and Referees/Jurors** :
 - The IPSF conducts targeted training programs designed to enhance the skills and knowledge of coaches and referees/jurors, focusing on both technical and practical aspects of coaching and officiating.
3. **Train-the-Trainer (ToT) Initiatives** :
 - Through Train-the-Trainer initiatives, the IPSF empowers selected coaches to expand their knowledge and skills and to train other coaches in their respective federations, ensuring sustainability in coaching development.
4. **Educating NFs to Master Competition Rules & Regulations** :
 - The IPSF organizes workshops and seminars to educate NFs about the competition rules and regulations of Pencak Silat, enhancing their

understanding and implementation of these guidelines within their respective countries.

5. Donating Equipment :

- The IPSF donates essential training equipment, such as two sets of 10m x 10m competition-grade mattresses, to NFs, providing athletes with a safe training surface for practice and competition.
- Additionally, the IPSF donates pairs of body protectors to enhance athlete safety during training sessions and competitive events.

6. Improving Communication :

- The IPSF enhances communication among NFs by providing a dedicated website that serves as a resource hub and a platform for sharing information.
- WhatsApp support is also implemented to facilitate real-time communication and urgent updates among federations.

Conclusion

The IPSF is committed to fostering the growth and development of Pencak Silat worldwide through comprehensive support for National Federations. By providing assistance in organizational development, training opportunities, essential equipment, and improved communication resources, the IPSF aims to strengthen the sport's foundation and promote its values globally. Through these initiatives, the IPSF is dedicated to ensuring that Pencak Silat remains a vibrant and integral part of the international sporting community.

Contact Information

For more information about the IPSF support programs for National Federations, please contact [IPSF Contact Information] or visit our website at [IPSF Website URL].