

34- Program Title: Social Initiatives for Inclusivity in Pencak Silat

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Program Purpose:

To implement social initiatives that promote inclusivity within the Pencak Silat community by collaborating with non-governmental organizations (NGOs) to engage diverse groups and foster participation in the sport.

Program Overview

Duration: Ongoing (with individual initiatives lasting 6–12 months)

Target Audience: Underrepresented groups, including women, youth, and individuals with disabilities

Delivery Method: Community engagement, workshops, and collaborative events

Program Structure

1. Needs Assessment (Months 1-2)

- Conduct surveys and focus groups to identify barriers to participation in Pencak Silat among underrepresented communities.
- Partner with NGOs specializing in inclusivity to gather data on the specific needs of target groups.

2. Partnership Development (Month 3)

- Identify potential NGO partners with experience in inclusivity and community engagement.
- Establish formal agreements outlining goals, responsibilities, and resource sharing.

3. Initiative Design (Months 4-5)

- Based on the needs assessment, design specific social initiatives. Possible projects could include:
 - **Youth Pencak Silat Workshops:** Free or low-cost classes for children from underserved communities to promote interest in the sport.
 - **Women's Empowerment Programs:** Tailored training sessions and mentorship opportunities for women to encourage their participation.
 - **Adaptive Pencak Silat Classes:** Specialized programs for individuals with disabilities, ensuring accessibility in training and equipment.

4. Implementation (Months 6-12)

- Launch the designed initiatives in collaboration with NGO partners, utilizing their networks for outreach.
- Provide the necessary resources, including qualified instructors, training locations, and equipment.

- Organize community events such as open houses or demonstrations to showcase the initiatives and attract participants.

5. Monitoring and Evaluation (Ongoing)

- Collect data on participation rates, feedback from participants, and overall effectiveness of the initiatives.
- Use surveys and interviews to gather qualitative and quantitative data to assess the impact.
- Adjust programs based on evaluations and participant input.

6. Celebration and Recognition (End of Each Initiative)

- Host final events to celebrate the achievements of participants and recognize their efforts, as well as the contributions of NGO partners.
- Share success stories through social media and press releases to highlight the impact of the initiatives.

Program Materials

1. **Marketing Materials:** Flyers and social media content to promote inclusive initiatives in the community.
2. **Training Manuals:** Guidelines for instructors leading social initiative classes.
3. **Evaluation Tools:** Templates for surveys and assessment forms to track progress and outcomes.
4. **Resource Directory:** List of local NGOs and community organizations that can support inclusivity efforts.

Implementation Steps

1. **Engagement of Community:** Actively involve local community leaders and organizations in the planning process to foster support and participation.
2. **Funding and Resource Allocation:** Identify potential funding opportunities, including grants and sponsorships, to support initiatives.
3. **Capacity Building:** Train coaches and instructors on inclusive practices and the specific needs of target populations to ensure effective and sensitive programming.

Conclusion

The Social Initiatives for Inclusivity program aims to expand participation in Pencak Silat by ensuring that underrepresented communities feel welcomed and supported within the sport. By collaborating with NGOs and focusing on diverse groups, the IPSF will contribute to a more inclusive and equitable martial arts community.

Feel free to adjust any aspect of this program to better fit the needs and goals of the IPSF. If you need further details or specific examples, just let me know!