# 35- Program Title - Good Governance Self-Assessment for the International Pencak Silat Federation (IPSF)

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# **Program Purpose:**

To evaluate and improve the governance practices of the International Pencak Silat Federation (IPSF) by conducting a comprehensive self-assessment that aligns with best practices in sports administration and organizational governance.

# **Program Overview**

**Duration:** 3 months

Target Audience: IPSF Board Members, Administrators, Coaches, and

Stakeholders

**Delivery Method:** Workshops, surveys, and evaluation meetings

# **Program Structure**

# 1. Preparation and Planning (Weeks 1-2)

# • Objectives Identification:

• Define specific governance principles to assess, such as transparency, accountability, integrity, and stakeholder engagement.

# Development of Assessment Tools:

 Create surveys, questionnaires, and checklists based on recognized governance frameworks (e.g., International Olympic Committee guidelines, WADA standards).

# Establishing a Governance Committee:

• Form a dedicated committee responsible for overseeing the self-assessment process.

# 2. Data Collection (Weeks 3-4)

# Surveys and Questionnaires:

• Distribute surveys to board members, staff, athletes, and stakeholders to gather their insights on governance practices.

## Document Review:

 Collect and review governance-related documents, including bylaws, policies, meeting minutes, and financial reports.

#### Focus Groups:

• Conduct focus group discussions with different stakeholder groups to gain qualitative insights into governance practices.

# 3. Analysis and Evaluation (Weeks 5-6)

# Data Compilation:

Compile data from surveys, focus groups, and document reviews.

# • Performance Benchmarking:

• Compare the findings against best practices and governance benchmarks in the sports sector.

# Identifying Strengths and Weaknesses:

 Analyze results to determine areas of strength and opportunities for improvement in governance practices.

# 4. Reporting (Weeks 7-8)

# Drafting the Self-Assessment Report:

 Create a comprehensive report detailing findings, including strengths, weaknesses, and recommendations.

#### Presentation to Stakeholders:

 Organize a meeting to present findings to the IPSF Board and stakeholders, allowing for feedback and discussion.

# 5. Action Plan Development (Weeks 9-10)

# Setting Goals:

• Based on the report, establish specific goals to address identified weaknesses and improve governance practices.

# Creating an Implementation Plan:

 Develop an action plan outlining steps, responsible parties, and timelines for implementing governance improvements.

# 6. Monitoring and Follow-Up (Weeks 11-12)

# Establishing Key Performance Indicators (KPIs):

Define KPIs to measure the success of governance initiatives.

# Regular Check-Ins:

• Schedule regular follow-up meetings to monitor progress on the action plan and make adjustments as necessary.

# **Program Materials**

- 1. **Surveys and Questionnaires:** Templates for governance self-assessment.
- 2. **Governance Framework Guidelines:** Documents outlining best practices in governance.
- 3. Facilitation Guides: Instructions for conducting focus groups and workshops.
- 4. **Final Report Template:** Structure for the governance self-assessment report.

# **Implementation Steps**

- 1. **Engagement of Stakeholders:** Inform all relevant parties about the self-assessment process and its importance.
- 2. **Resource Allocation:** Ensure that the Governance Committee has adequate resources and support to conduct the assessment.
- 3. **Training for Committee Members:** Provide training on governance principles and assessment methods to committee members.

### Conclusion

The Good Governance Self-Assessment Program seeks to promote transparency, accountability, and stakeholder involvement within the IPSF. By rigorously evaluating its governance practices, the IPSF can enhance its effectiveness and integrity as an international organization for self-defense martial arts combat sports.

Feel free to modify any section as necessary to better fit the specific needs and context of the IPSF! If you need any further assistance, just let me know.